# Radiological and clinical assessment of pulpotomy on mature permanent molars with irreversible pulpitis: literature review

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### Abstract

**Introduction:** Endodontic treatment has long been considered the only conservative therapeutic option for teeth with irreversible acute pulpitis. Histological studies have shown that the inflammation is confined to a limited surface of the pulp, near the decaying lesion, and it is not uncommon to find normal histology in the coronary pulp away from decayed surfaces as well as in roots. In dentistry, it is universally accepted that the vital pulp tissue should be preserved if possible.

**Aim:** The objective of this study is to review the literature on the clinical and radiographic assessment criteria for coronary pulpotomy therapeutics on mature permanent teeth with irreversible acute pulpitis.

**Materials and Methods:** To find relevant articles on this therapy, an electronic search strategy on PubMed, Cochran Library and Science Direct databases using the combination pulpotomy and pulpitis and permanent tooth, for indexed studies from January 2008 to April 2018.

**Results:** Results of this study indicated favorable success rates for this therapy. A 2018 study reported 98.4% of clinical and radiographic successes at six months. At one year, it reported 100% clinical success and 98.4% radiographic success with the use of Biodentine. Furthermore, it reported 100% clinical success and 97.5% of radiographic success rate with the use of mineral trioxide aggregate (MTA) in the first year, and 92.7% of radiograph success after three years. In 2014, a publication reported 98.19% clinical success rate with cement-enriched mixture (CEM) over a 27 month period. However, the X-ray success rates were 86.7%.

**Conclusion:**This treatment can be a realistic alternative for mature permanent human molars with irreversible pulpitis symptoms. But other large-scale multicentered clinical trials are strongly encouraged to substantiate this hypothesis.

Keywords: Irreversible pulpitis, Full pulpotomy, Mature permanent teeth, Permanent teeth, Pulpitis, Pulpotomy.

# Introduction

Irreversible pulpitis is an inflammatory condition of the dental pulp, associated with clinical and histological signs.<sup>1</sup> Indeed, irreversible pulpitis are often associated with a spontaneous or lingering pain after a specific triggering, they can, sometimes, occur without symptoms.<sup>1</sup> In other words, correlation of clinical signs and symptoms and the pulp histopathological state is not always accurate.

Histological studies showed that the inflammation is confined to a limited area of the pulp, near the carious lesion and it is not uncommon to find a normal histology in the coronal pulp far away from carious sites and in the roots pulp as well.<sup>2</sup>

Endodontic treatment was considered the only conservative therapeutic option for teeth with irreversible pulpitis. However, the high frequency of inadequate canal obturations linked to apical periodontitis, despite new preparation and canal obturation technologies, increases the option to preserve the pulp vitality in current therapies.<sup>3</sup> Indeed, improved understanding of the pulp biology and potential regenerative and healing of inflamed pulp has encouraged this therapeutic option in cases of irreversible pulpitis.

Considering the pulpo dentin complex healing potential when it is no longer irritating a high rate of successful treatment can be achieved. However, on teeth with irreversible pulpitis clinical signs and indicative symptoms, the inflamed part of the dental pulp must be removed by partial or full pulpotomy for the remaining pulp tissue to heal.<sup>4</sup> This turns out to be a success when using bioactive endodontic cement, such as mineral trioxide aggregate (MTA), cement-enriched mixture (CEM), Biodentine... Thus, according to Glickman, full pulpotomy provides a greater chance to remove the irreversibly inflamed and infected pulp tissue.<sup>5</sup> It consists of eliminating the whole pulp coronal up to canal orifices.

Several recent studies among young people and adults<sup>6,7</sup> have shown very high success rates. Thus the objective of this study was to review the current endodontic literature so as to assess clinical and radiological criteria of pulpotomy therapy on mature permanent molars with irreversible acute pulpitis.

# Materials and Methods

**Search strategy:** To find relevant articles on irreversible pulpitis care by pulpotomy, an electronic search strategy through databases of PubMed/MedLine via Hinari, Cochrane Library and Science Direct was

used to search for the following keywords in various combinations by using "AND". Pulpotomy, permanent tooth, pulpitis.

A manual search was also undertaken from the list of found articles' references. Analyzing these references, unidentified articles from databases of different sources were selected. Only English or French language publications from January 2008 to April 2018 were used.

#### Databases

- 1. Medline: http://www.ncbi.nlm.nih.gov/pubmed/
- 2. Cochrane Library:
- http://www.thecochranelibrary.com
- 3. Science Direct: http://www.sciencedirect.com

**Inclusion and non-inclusion criteria:** Inclusion criteria for the above research were as follows: non-randomized or randomized clinical trials, sets and case reports, longitudinal studies, original articles. Non-inclusion criteria were in vivo studies on animals, comments, letters to the editor, histological studies, (it is not included because some parameters like sample

size, follow up, clinical controls and X-ray controls will not fit in the results table) and bibliographies reviews, systematic reviews.

**Selecting articles:** After reading titles and studies abstracts, potentially relevant articles were examined. Articles with a correct methodology were analyzed. In vivo studies on people with mature permanent teeth with irreversible pulpitis and having undergone a pulpotomy therapy were selected.

Hundred sixteen articles were found during the research process. After reading titles, 92 articles were excluded including 91 about immature permanent teeth and one about a systematic review. Twenty four articles were selected and eight of these were excluded because five have focused on teeth with no-irreversible pulpitis symptoms, one case was a chronic pulpitis and two were histological studies. Sixteen articles were eligible but full contents of seven articles were not available. Characteristics of each of the nine (9) analyzed articles are summarized in the diagram below (Fig. 1).



Fig. 1: Diagram of article selection

# Results

# Tab<u>le 1</u>

Author	Journal	Type of	Title	Sample size	Follow up	Materials	Clinical controls	X-ray controls	Conclusion
year		study							
Taha NA	International	Clinical	Outcome of full	Sixty-four	6 month et 1	Biodentine	On presentation to the clinic,	The success rate was generally	Biodentine was successful
2018	Endodontic	trial	pulpotomy using	(64)	year		41% of the patients	high, with 98% radiographic	as a therapeutic material in
	Jourmal		Biodentine in	permanent			reported severe spontaneous	success at	full pulpotomy treatment of
			adult patients	molar teeth			pain scoring 10 (on a	1 year.	adult teeth with carious
			with symptoms				scale of 0-10) and the	Representative radiographs of	exposures. Clinical signs
			indicative of				remainder had a history of	the treated	and symptoms indicative of
			irreversible				severe lingering pain on cold	teeth are presented in Figs 2, 3	partial irreversible pulpitis
			pulpitis				drinks scoring 9-10	and 4. One tooth suffered	are not a contraindication
							which was reproduced by	a nonrestorable crown fracture	and full pulpotomy might
							cold testing. In the majority	at 3 months and	be considered as an
							of cases (50 of 64, 78%),	was extracted; the tooth was	alternative
							haemostasis was achieved	otherwise asymptomatic	treatment approach to root
							within 4 min. Two days after	and without radiographic signs	canal treatment.
							pulpotomy, 93% of the	of failure. Intraexaminer	
							cases reported complete	Cohen's kappa score ranged	
							relief of pain while the rest	from 1.00 for outcome	
							reported mild discomfort	to 0.96 for radiographic signs of	
							scoring 1–2.	hard tissue	
							The success rate was	barrier formation.	
							generally	Among cases with preoperative	
							high, with 98% clinical	periapical rarefaction,	
							success at	seven of nine had complete	
							1 year	healing: one case	
								declined recall because of	
								pregnancy, and one case	
								remained unchanged	
								(radiographic failure) and RCT	
								was offered; however, the	
								patient opted for further follow-	
								up as the tooth was	
								asymptomatic.	
Taha NA	International	Clinical	Assessment of	Fifty-two (52)	3 years	MTA	Clinical signs and symptoms	97.5%	MTA full pulpotomy was a
2017	Endodontic	trial	Mineral Trioxide	permanent			suggestive of	radiographic success during the	successful
	Jourmal		Aggregate	molar teeth			irreversible pulpitis were	first year, and 92.7%	treatment option for
			pulpotomy in				established in 44/52 teeth,	success at 3 years. All cases	cariously exposed pulps in
			mature permanent				and periapical rarefaction	with periapical rarefaction	mature permanent molar
			teeth with carious				was present in 14 teeth.	were associated with	teeth.
			exposures				Immediate failure occurred	improvement in the periapical	
							in one tooth. The recall	index (PAI) score. Two cases	

		1					rate ranged from 02% at 2	had new periapical	
							months to 80 3% at	rarefaction associated with	
							3 years with an overall	dislodgment of the permanent	
							100% clinical succes	restoration. A hard tissue barrier	
								was detected	
								radiographically in 5 cases and	
								canal narrowing in 7	
								cases.	
Soni HK;	Archive of	A Case		One teeth	3, 6, 12, 18	Biodentine	The tooth was fully	At six, twelve and eighteen	In accordance to the
2016	Journal of	Report		(46)	month		functional and the patient	months, follow-up of the tooth	favorable results of our
	Clinical and		Biodentine				was asymptomatic.	showed absence of any	cases, a reasonable
	Diagnostic		Pulpotomy in					periapical pathology with	argument supporting
	Research		Mature					normal periodontal ligament	mature tooth pulpotomy in
			Permanent Molar					space.	cases of irreversible
									pulpitis can be stated.
									Biomaterials such as
									Biodentine with pulp
									aballance the complete
									chanelige the complete
									conventional endodontic
									treatment Case selection
									including age status of
									pulp and control of
									bleeding: however, remains
									an important criterion for
									the same.
Kumar V;	Contempora			Sixty (60)	6 et 12	Calcium	There was a significant	No statistically significant	Pulpotomy as a treatment
2016	ry Clinical	А	Comparative	individuals	month	Hydroxide	reduction in pain score from	difference was observed	option for mandibular
	Dentistry	randomize	evaluation of			(CH)	baseline to all test intervals	between radiographic outcomes	molars with irreversible
		d	platelet-rich				(P < 0.005) in all groups	of the three groups tested.	pulpitis has an acceptable
		controlled	fibrin, mineral			Mineral		Kappa value was 0.67 which	clinical success rate;
		trial	trioxide			Trioxide	A high clinical success rate	indicated a substantial	however, long-term overall
			aggregate, and			Aggregate	of 93.75% was achieved at 7	agreement between the two	success rate remains
			calcium			(MIA)	days, which dropped to	observers. A remarkable decline	questionable. There exists
			hydroxide as			Distalat	85.4% at 12 months	in radiographic success rate and	ho significant difference
			pulpotomy agents			Pich Eibrin		we observed in all the groups of	of CH MTA and DPE as
			in permanent			(PPF)		6 month follow up period This	pulpotomy agents in teeth
			molars with			$(\mathbf{I} \mathbf{N})$		rate dropped further at 12 month	with irreversible pulpitis
			irreversible					follow-up period None of the	with meversione pulpitis
			pulpitis: A					teeth, however, had developed	
			controlled triel					well-defined periapical	
			controlled trial					pathology in this interval.	
								present radiographs of sample	

								case each from CH, MTA and	
								PRF groups. The overall success	
								rates (combined clinical and	
								radiographic) of CH, MTA, and	
								PRF groups at 1 year were	
								37.5%, 44.4%, and 35.7%,	
								respectively	
Asgary S	Clinical	Clinical	Two-year results	75 patients	27 month	Calcium	Mean follow-up times at 2	The results of radiographic	Two-year treatment
2014	Oral	trial	of vital pulp	-		enriched	vears were 24.61±0.69 and	evaluation by the four	outcomes of VPT/CEM are
-	Investigatio		therapy in			mixture	$24.62\pm0.72$ months in RCT	examiners	statistically
	ns		permanent molars				and VPT/CEM arms.	illustrated that overall consensus	non-inferior to one-visit
			with irreversible				respectively:	treatment outcome of	RCT in human mature
			pulpitis: an				a statistical difference was	radiographic evaluation between	molar
			ongoing				not observed	the study arms at 2 years	teeth with established
			multicenter				Treatment time spans were	did not show statistically	irreversible pulpitis
			randomized				94.07 min [coefficient of	significant difference	However in terms of cost-
			clinical trial				variation $(CV)$ -29.01 %]	significant difference	effectiveness VPT/CEM
			ennicai unai				and 31.09 min $(CV-29.38)$		significantly reduces
							and 51.07 mm (C V = 27.50		expenditure compared with
							in the PCT and VDT/CEM		BCT Outcomes of
							In the KC1 and VF1/CEIVI, respectively ( $P < 0.001$ )		VPT/CEM woro
							Clinical average rates in the		VFI/CEWI were
							Chinical success rates in the		comparable at 6-month and
							two study arms at 2-		1- and 2-
							year follow-up were the		year follow-ups; therefore,
							same (98.19%); outcomes		it appears that 6-month
							in cases		recall
							with preoperative periapical		is a reasonable time. Low-
							involvement were similar in		cost VP1/CEM is a
							the		predictable
							two study arms (P=0.117)		simple bio-regenerative
									method with an excellent
									prognosis;
									it can be considered an
									evidence-based alternative
									option to extraction and
									RCT.
Yazdani S;	Iranian	multicenter		385 subjects	6, 12 et 24	Calcium	Clinical success was based	Compared to RCT, the new	There was high-quality and
2014	Endodontic	randomize	Health		months	enriched	on the absence of signs and	biotechnology, VPT/CEM,	long-term evidence from
	Journal	d clinical	Technology			mixture	symptoms of	demonstrated greater success	multicenter randomized
		trial	Assessment of				inflammation/infection as	rates after one and two years (1-	clinical trials to support the
			CEM Pulpotomy				well as tenderness to	year:	use of VPT/CEM new
			in Permanent				percussion. There was no	92.2% vs. 70.3%, P=0.001; 2-	biotechnology instead of
			Molars with				significant difference	years:	RCT for patients suffering
			Irreversible				between the two groups at 6-	86.7% vs. 79.5%, P=0.053). As	from <i>irreversible pulpitis</i> .
							month, 1- and 2-year follow-	time passed the success rates	Data relating to pain relief

			Pulnitis				ups	became more favorable in RCT	effect radiographic
			i uipitis				Again VPT/CEM was	group While in CEM/VPT	outcomes safety costs
							assumed to significantly	group the presence of	availability accessibility
							reduce post operative pain.	preoperative radiographic	and impact of VPT/CEM
							In addition, the amount of	periapical lesion did not	biotechnology
							painkillers taken after	significantly affect the success	demonstrated superiority of
							VPT/CFM was significantly	rate in RCT group it did	VPT/CFM over RCT We
							less than the RCT group	The quality of treatment based	can conclude that VPT
							(P > 0.001)	on radiographic findings and in	with a bio-regenerative
							(1 >0.001).	accordance to modified	material can be
								Strindberg Criteria was	recommended for general
								significantly different between	clinical practice worldwide
								the two groups ( $P < 0.001$ ) [27];	
								with 92.8% of VPT/CEM and	
								only 66.3% of RCT cases	
								having achieved good quality	
								treatment. Moreover there was	
								significant relationship between	
								the quality of treatment and one-	
								year post operative radiographic	
								success rates	
								This item was considered to be	
								lower for VPT/CEM compared	
								to RCT; as RCT usually	
								requires working and	
								postoperative radiographs. Not	
								only VPT/CEM will reduce	
								radiation dose for the patient	
								and thus increases his/her	
								safety, but also may	
								significantly reduce treatment	
								costs.	
Yazdani S;	Acta	A multi-	Treatment	413 patients	7 day	Calcium	sinus tract, redness and	Overall, the percentage of teeth	There was no significant
2013	Odontologic	center	outcomes of			enriched	tenderness related to all	with successful treatment	difference in the favorable
	а	randomize	pulpotomy in		12 month	mixture	treated teeth.	(absence of symptoms,	outcomes of permanent
	Scandinavic	d	permanent molars			(CEM)		clinical/radiographic signs of	molar teeth with
	а	controlled	with irreversible				Sixty-seven patients, 29 in	pulpal/periapical disease) was	irreversible pulpitis
		trial	pulpitis using			Mineral	the PMTA and 38 in the	92 and 95% in PCEM and	undergoing pulpotomy
			biomaterials			Trioxyde	PCEM arms, did not attend	PMTA arms, respectively. All	using CEM cement or
						Aggregate	due to lack of compliance or	the failed cases were associated	MTA.
		1				(MTA)	for personal reasons in the	with a radiographic lesion.	
							12-month follow-up session.		
							Overall there were 346 cases		
							for primary outcome		
							for primary outcome		

							analysis (long-term		
							outcome); no significant		
							difference was observed		
							between clinical success		
							rates of the two groups.		
							Mean follow-up times were		
							$12.90 \pm 0.66$ and $12.93 \pm$		
							0.69 months in the PCEM		
							and PMTA groups,		
							respectively; these were not		
							significant ( $p = 0.716$ ). At		
							the 12-months follow-up,		
							clinical examination		
							revealed signs of periapical		
							disease in 2.4% ( $n = 4$ ) and		
							1.7% ( $n = 3$ ) of the cases in		
							PCEM and PMTA groups,		
							respectively (Table III); no		
							significant difference was		
							found ( $p > 0.05$ ).		
Asgary S ;	Clinical	Clinical	One-year results	407 patients	7 days, 6	CEM	Clinical success in the two	The radiographic intra-rater	it is apparent that treatment
2013	Oral	trial	of vital pulp		and 12	Calcium	study arms at 6- and 12-	reliabilities were $\kappa 00.79$ , $\kappa 0$	outcomes of
	Investigatio		therapy in		month	enriched	month	0.85, K00.89, and K00.91 for	VPT/CEM is not only non-
	ns		permanent molars			mixture	follow-up were "94.4 % and	raters 1–4, respectively. The	inferior but also may be
			with irreversible			(BioniqueD	91.3 % and 98.3 % and	inter-rater reliabilities were	superior
			pulpitis: an			ent,	97.6	raters 1/200.79, raters 1/300.88,	to RC1 in mature molars
			ongoing			Tenran,	% In RC1 and VP1/CEM	raters 1/400.//, raters 2/300.89,	with irreversible pulpitis.
			multicenter,			Iran)	arms, respectively; there was	raters $2/400.86$ , and raters	Furthermore,
			randomized, non-				no	3/400.91. The results of	our data suggests that
			interiority clinical				statistical difference	radiographic evaluation by the	vP1/CEW is a predictable
			triai				(P>0.05)	IOUR	procedure
								examiners after o-month and 1-	with an excellent
								the success rates between the	torm (6 and
								two study arms was statistically	12 months) progradia and
								different (P00 001) (Table 2)	it may be considered a
								Drooporativo parianical	realistic
								involvement were present at	alternative therapy to
								haseline	anternative merapy to
								in 128 patients (31 %) in the	the use of
								two study arms [PCT (p0	VPT/CFM in the treatment
								65) and VPT/CEM (n063)! no	of irreversible pulpitic is
								statistically significant	highly
						1		statistically significally	mgmy

								difference was observed (P00.779) [22]. Interestingly, in cases with preoperative periapical involvement, RCT produced more failures than VPT/CEM at the 6- and 12-month follow-ups (P00.001)	beneficial for patients as well as general dentists. The performance of biomaterials such CEM cement in endodontics/dentistry may assist in the shift towards more biologic
								more failures than VPI/CEM at the 6- and 12-month follow-ups (P00.001)	endodontics/dentistry may assist in the shift towards more biologic
								I . , ,	treatments
Barngkgei IH 2013	Iranian Endodontic Journal	Clinical trial	Pulpotomy of Symptomatic Permanent Teeth with Carious Exposure Using Mineral Trioxide Aggregate	11 teeth	24 to 42 months	Mineral Trioxide Aggregate	Clinical examination during the follow-up periods revealed that all patients were asymptomatic and free of clinical signs/symptoms including pain, swelling, presence of sinus tract, and tenderness to percussion	No changes in the periapical status of the treated teeth were evident on the all Follow-up periapical radiographies	In conclusion, pulpotomy using MTA could be a good alternative for RCT for managing symptomatic mature permanent teeth with carious exposure. Since samples treated in this study were limited in number, large-scale multicenter clinical trials are highly encouraged.

# Discussion

In dentistry it is universally accepted that the vital pulp tissue should be preserved if possible. However, clinicians are reluctant to carry out conservative treatment of the pulp vitality once the irreversible pulpitis diagnosis is made. This clinical diagnosis of irreversible pulpitis is mainly based on tests and clinical symptoms. Indeed, no consistent relationship between clinical symptoms and histopathological pulp status has been established.<sup>8</sup> There is no clear evidence to substantiate the boundary between the reversible pulpitis and the irreversible pulpitis. A recent systematic review has reported "an insufficient correlation between the pain intensity of thermal/cold stimulus of a tooth with irreversible pulpitis and the pulp pathology".9 Furthermore, there are reports of successfully preserved pulp vitality of teeth with signs/symptoms of irreversible pulpitis and ligament thickening.<sup>10</sup> which highlights the dental pulp highcapacity as a soft tissue to heal. Thus we conducted this literature review aiming to assess the clinical and radiographic pulpotomy criteria on mature permanent molars with irreversible pulpitis. Results of this study suggested positive success rates for this therapy. Indeed, available studies showed that the assessment is generally made after the treatment, on the seventh day at three, six, 12, 24 and 36 months. Results of all these studies are analyzed according to the patient age, time control, postoperative pain, type of capping materials used, clinical success (absence of abscess, swelling and tooth functional impotence) radiographic success with no increase of ligament thickening and periapical lesion.11,12

Regarding the patient age, available studies have shown that it is not a risk factor for this therapy. Indeed, six studies of this review have included patients of up to 69 years old and reported high rates of success of the full pulpotomy suggesting that age has no effect on the pulpotomy result.<sup>13,15</sup> But, according to Alqaderi et al.only the young dental pulp is able to heal by pulpotomy therapy because it is softer and has better healing and regenerating potential after removal of the infected pulp tissue.<sup>16</sup>

Regarding the postoperative pain, some studies.<sup>7,15</sup> have assessed it from the first to the seventh day of treatment. According to Taha et al in 2017 on a sampling of 52 patients, the postoperative pain had gone except for a woman who received a root canal treatment. Five patients had difficulty chewing and one patient reported analgesic.<sup>7</sup> intake. A study of Taha et al. in 2018 on 64 patients showed that 41% of patients reported severe spontaneous pain scoring ten on a pain scale, and the rest had severe persistent pain caused by cold drinks scoring nine to ten.<sup>6</sup> Two days after pulpotomy, 93.8% of cases reported a complete pain relief while the remaining reported light difficulty chewing.<sup>6</sup>According to Barngkgei et al study.<sup>18</sup> on 12

mature permanent molars with irreversible pulpitis, no clinical complaints of discomfort or sensitivity after 24 hours have been reported. This postoperative pain or chewing discomfort during the week of the treatment could be explained by the extent of the pulp inflammation that is impossible to clinically diagnose.

Asgary and Eghbalclinical trial in 2010.<sup>19</sup> involving more than 400 participants showed that pulpotomy treatment with CEM or MTA was just as effective for pain relief and had a clinical and radiographic high rate success after one year.

These pains in cases of irreversible pulpitis are due to an increase in blood volume in the inner pulp portion made of dental walls. The pulpotomy reduces the blood volume of this inflamed pulp which can provide relief to the patient.<sup>1</sup>

In a randomized clinical trial on postoperative pain and comparing pulpotomy and pulpectomy in one visit, it was noted that effects of the pain relief during a pulpotomy were significantly higher than during pulpectomy.<sup>19</sup> this could be explained in part by the risk of overused obturation products or over instrumentation during pulpectomy.

Regarding the material used, all published results on the subject at three six 12, 18, 24 and even 36 months were satisfactory whether it is with Biodentine, MTA, CEM, CH or Platelet-Rich FibrinPRF. Taha et al. 2017states that at six months, 63 out of 64 patients were recalled with 98.4% of clinical and radiographic success. At one year 59 out of 63 have been recalled with 100% clinical success and 98.4% radiographic success with Biodentine use. Radiologically, seven out of eight recalled cases with periapical rarefaction have improved their periapical index (PAI) score. Healed periapical has been detected radiographically in four cases. Additionally, he reports 100% clinical success rate with MTA and 97.5% radiographic success in the first year and 92.7% after three years.<sup>7</sup>

According to Asgary, the clinical success of pulpotomy with CEM was 98.19% over a period of 27 months. However, the radiographic success rate was 86.7%.<sup>12</sup>

Kumar V. et al. 2016 reported 37.5% 44.4% and 35.7% clinical and radiological success rate over one year respectively with CH, MTA and PRF use.<sup>20</sup> This study of Kumar V. has reported no statistically significant difference (P = 0.550) between clinical and radiographic findings in all three groups. Asgary et al. study comparing the CEM and the MTA, showed that clinical and radiographic success rate after 12 months follow up, were 98 and 95% for MTA and 97 and 92% for CEM. There is no significant difference in clinical success rates (p = 0.7) and radiographic success rates (p= 0.4) between the two groups.<sup>14</sup> Different materials used did not affect the pulpotomy success rate. It was suggested that the failure to preserve the pulp vitality pulpotomy on mature permanent teeth with by

irreversible acute pulpitis may be related to bacterial infiltration of the remaining vital pulp in canals through a defective restoration.<sup>21</sup>

Recent studies have reported that the most important contributing factor to a successful treatment is a maximum and very tight sealing of the remaining dental pulp using a proper final coronary restorative material to prevent bacterial leakage.<sup>16,17</sup> Furthermore, the effect of pulp capping materials, type of permanent coronary restorative materials and the X-ray periapical state of treated teeth on the success rate was assessed using a meta-regression analysis. Two studies had used teeth with periapical.<sup>12,22</sup> while others.<sup>23,24</sup> had used teeth without radiographic periapical lesions. The three variables are not significantly related to success rates. Typically, differences in success rates between different capping materials, coronary restoration materials or between different periapical states were limited. However, studies have shown that MTA products as capping materials provide better clinical results than CH, traditionally used to protect exposed pulp.<sup>25</sup> Chugal et al. 2001 reveals that the main biological influencing factor of treatment results is the presence of preoperative ligament thickening.<sup>26</sup>

According to Asgary et al. 2014 the success rate of the pulpotomy on vital teeth with irreversible acute pulpitis with ligament thickening was considerably lower compared to the vital teeth with an abnormal periodontal ligament. However, CEM groups showed a better trend of success during the two years follow-up.<sup>12</sup> Based on this review's results, the type of permanent restoration as compared to the pulp capping materials was not related to the pulpotomy success rate.<sup>27</sup> However, a Kunert et al. 2015 have reported that a prosthetic coronary restoration showed the highest success rate after the pulpotomy followed by amalgam and finally restoration with composite.<sup>23</sup>

In this review, clinical success rates are higher than radiographic success rates which decrease with longterm follow up. Indeed Taha et al. reported in 2017 100% clinical success and 97.5% radiographic success in the first year follow up and 92.7% of radiograph success after three years follow up.7 Asgary et al. in 2013, had reported a 97% clinical success rate against 92% radiographic success rate.<sup>14</sup>When the radiographic success rate is included in the clinical success rate, the overall success rate is much lower. This is the case of the study by Kumar V. et al. which showed 37.5%, 44.4% and 35.7% success rates comparing three types of capping materials.<sup>20</sup> Since the clinical success rate is much higher than the radiographic's we can assume that the pulpotomy treatment failure is mainly due to asymptomatic apical periodontitis. Varun results corroborate those of Mc Dougal et al. study.<sup>28</sup> which reported 90% clinical success rate at six months and 78% at 12 months. The radiographic success however, was only 49% at six months and 42% at 12 months on

painless teeth. Two common causes are usually attributed to a decrease in the success rate overtime which are bacterial percolation to the coronal and a residual infection. A long-term perfect coronal sealing is difficult to get with current restorative materials available to us hence the necessity for prosthetic crowns after pulpotomy.

The pulp pretreatment state is also a key factor in determining this technique success rate. Although the bleeding control capacity is usually used as an indicator to assess the extent of the inflammation of the pulp, it cannot, however, be precisely correlated to the extent of the inflammation in all cases.<sup>29</sup> Thus, many cases of pulp inflammation at advanced stages may be included in a study and could affect the results. The availability of potential better diagnosis techniques can better help in selecting cases and thus increase the success rate of this technique.

In this review, studies have compared the pulpectomy to the pulpotomy and we found that clinical results are similar in the short term as well as the longterm, but there is a difference in radiographic success rates for pulpotomy. Indeed, Yazdani et al. in 2014 reports that there is no difference in clinical success rate between groups of pulpotomy and pulpectomy at six months, one year and two years. However, there was a difference in radiographic success rates at one year with 92.2% for pulpotomy and 70.3% for pulpectomy and two years with respectively 86.7% and 79.5%. The difference was statistically significant with  $P = 0.001.^{21}$ Asgary et al. in 2014, reported that clinical success rates in two study groups were similar (98.19%) and that there was no difference p = 0.053. He reported that the average treatment time was about three times greater in the pulpectomy group than in the pulpotomy's/CEM: 94.07 against 31.09 min P<0.001.12

Asgary et al. in 2013, reported a pulpectomy success rate of 94.4% at six months and 91.3% at twelve months compared with 98.3% success rate at six months and 97.6% at twelve months for pulpotomy. The radiographic success rate was significantly higher in the pulpotomy group than in the pulpectomy's during follow up.<sup>14</sup>

Indeed, living with mature permanent molars with irreversible pulpitis' gold standard treatment being the pulpectomy, to replace it with the new treatment, the latter should provide higher success or at least equal to that of the treatment reference with few extras benefits.<sup>30</sup> Thus according to Asgary et al. in 2014 reduced time and cost are the benefits of pulpotomy. Furthermore, there's less destruction of dental tissue, fewer side effects, easy to apply and more security (preserving the vitality, increasing survival rate, reducing the pain) and less -exposure to X-rays. He has demonstrated that pulpotomy was statistically not inferior to pulpectomy considering their radiographic success after six months and one year follow up.<sup>12</sup>

Another study had revealed that overall success rates at six months to three years were almost unchanged.<sup>7</sup> Therefore it seems that three to six months follow up is a reasonable time to assess pulpotomy results. However, in Yazdani et al. works the healing probability of cases has increased during a two years period time for the pulpectomy; he found 70.3% at one year and 79.5% at two years.<sup>21</sup> This is consistent with Orstavik's works which had demonstrated pulpectomy increasing success rate overtime.<sup>31</sup> The pulp healing potential known as "irremediable" as well as the biocompatibility of pulp capping materials could explain this difference in success rates in these different time intervals.<sup>27,32</sup> A pulp at an irreversible pulpitis state contains stem cells (DPSCs IPs) with huge regenerating potential.<sup>33</sup> DPSCs IPs will allow the pulp to heal after an appropriate treatment.<sup>34,35</sup> Furthermore, biomaterials can play an essential role in regenerative endodontics and their success in Endodontics can entirely change the philosophy of Endodontic treatment.

### Conclusion

The review of this literature has shown that full coronary pulpotomy on mature permanent molars with irreversible acute pulpitis can have a 98% success rate. This treatment is considered to be successful when there are no symptoms and clinical signs such as pain, swelling, abscess and no radiological signs such as the increase of the pulp chamber or the appearance of a periapical lesion.

Multicentered randomized clinical studies have demonstrated this treatment quality and durability compared to the pulpectomy. Results have shown a full sedation of pain 48H after treatment with 93.8% rate. The success rate, clinically as well as radiographically, at six months was the same at one and three years.

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